



Paradise Permaculture Institute

Soap Making Workshop

With Herbalist

Angela Segraves



Saturday, August 31st, 2019

10-1pm • \$30 + materials (\$30)

Creamy. Luxurious. Scented. Tailored to YOU!

Join this class to learn how to make your own bath and body soap bars. A variety of essential oils will be available so you can make a scent that is harmonious to you. Feel free to bring your own oils if you prefer a specific scent. We will discuss the properties of various oils, herbs and essential oils that can be used to make the product that works best for you. *Each person will make 8 or more soap bars and take home a soap mold filled with their product. You will also receive a pair of goggles and gloves, so you can have everything you need to make your own soap at home.*

We will be using lye to make the soap and this does create a chemical reaction that could cause burns (burns rarely happen). This portion of the class will be held outside to ensure proper ventilation. All participants must wear closed-toe shoes, long pants and long sleeves to protect your skin. To protect long hair, please bring something to tie it back.

Angela Segraves is a Spiritual Life Coach and a Certified Herbalist and Aroma Therapist. She has been making bath and body products for ten years and loves teaching others how to take care of themselves naturally. When studying for her master's degree in Holistic Nutrition, Angela discovered herbs. Her studies went from herbalism to essential oils to all things holistic. "The possibilities are endless when it comes to treating our bodies well and feeding them what they need to be happy."

Class Limit: 5 People

Directions to Livingston workshop location provided upon registration.

Register online www.paradisepermaculture.org or call 222-9999

Paradise Permaculture Institute • PO Box 1056 • Livingston, MT 59047

We demonstrate how to work with nature to co-create abundant foodscapes and sacred spaces.