

## **Drinking the Plants!**

With Herbalist Bev Axelsen



Drinking a cup of tea daily could improve your health!

## **Thursday, October 11, 2018** 6-8pm • \$25

Come taste how delicious medicinal teas can be!

Learn the easiest and most economical way to create an apothecary of healing and nutritional infusions and decoctions. Learn the medicinal qualities of 30+ plants that can be grown in our local gardens, harvested in the wild or ordered from an organic source.

**Bev Axelsen's** plant studies have taken her from Montana mountains and prairies to the jungles of Belize and Costa Rica and over to the island of Bali. As a teacher and guide for others she said, "I have become a life-time student in awe of plant life. In classes we work together as students and teachers with the plants; the most important outcome being our direct experience."

Directions to Livingston workshop location provided upon registration. Contact Bev by email walkswithburros@mac.com, or register online www.paradisepermaculture.org

Paradise Permaculture Institute • PO Box 1056 • Livingston, MT 59047 We demonstrate how to work with nature to co-create abundant foodscapes and sacred spaces.