

Paradise Permaculture Institute Workshops Medicinal Plant Walks Nature is our classroom!



Edible medicinal plants are everywhere, local, free, abundant and they can be a sustainable source of plants for healing.

Plant Walks with Bev Axelsen Summer-Fall 2016 Thursday evenings and Saturday mornings

Instructor: Bev Axelsen, Herb and Plant Medicine Specialist

To allow more students to participate, the same information will be presented during each Saturday morning walk as in that week's Thursday evening walk. If you are interested in multiple walks, please feel free to mix and match.

Thursday evenings, 6-8p except in October: June 23, 2016, July 28, September 1 (rescheduled from August 25), September 22, October 13 (4-6p)

Saturday mornings, 9a-12n: June 25, 2016, July 30, September 3 (rescheduled from August 27), September 24, October 15

Price: \$20 per walk

Location: Deep Creek Trailhead (contact us for directions)

At each class, you will have the opportunity to view the herbs on the walks in different stages of growth. We will identify 10 to 20 wild medicinal plants growing in the proximity of the trailhead ... some hiking required. The purpose of the class will be identification of plants; followed by observation and study of their cycles of growth, medicinal qualities, flowering, seed production and moving into dormancy.

Register or learn more: <u>www.paradisepermaculture.org</u> or 406-222-9999.