

Paradise Permaculture Institute

We demonstrate how to work with nature to co-create abundant foodscapes and sacred spaces.

**Sign up for classes at www.paradisepermaculture.org
or by calling 406-222-9999.**



Herbal Anti-virals

**Tuesday November 4, 2014
6-8pm \$24**

Natural Remedies for Emerging and Resistant Viral Infections

Instructor: Bev Axelsen, Herb and Plant Medicine Specialist

Similarly to antibiotic-resistant bacteria, many of the viruses long thought conquered are making comebacks. They are doing this through genetic re-arrangements, through learned resistance to anti-virals, and, most of all, because of changes in the world in which all of us live. These changes are profound. There are many great interventions that are possible with plant medicines and unlike pharmaceuticals, viruses don't develop resistance to them.

For a similar cost and effort of purchasing and making coffee you can purchase and make your own plant medicines.

"Do or do not, there is no maybe" – Yoda.

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Paradise Permaculture Institute • PO Box 1056 • Livingston, MT 59047