

# *Paradise Permaculture Institute*

*We demonstrate how to work with nature to co-create abundant foodscapes and sacred spaces.*

## **Immune-Boosting Herbs**



**Tuesday September 30, 2014 6-8pm \$24**

**(Rescheduled from original date)**

Instructor: Bev Axelsen, Herb and Plant Medicine Specialist

**Learn about the most effective immune-boosting plants.  
Learn easy and economical ways to have them available at all times.**

It is the body that ultimately controls infections, not chemicals. Without underlying immunity, drugs are meaningless. One of the great lessons and realizations of the medical establishment is the importance of a healthy immune system. Researchers have constantly noted that the healthier the immune system the less likely one is to be infected and, if infected, the less severe the course of the disease.

**Sign up for classes at [www.paradisepermaculture.org](http://www.paradisepermaculture.org)  
or by calling 406-222-9999.**